

### The Zoom Chat Has Been Edited

- 00:18:44 Andrew Fiser: Sharon Grigsby's Article from the Dallas Morning News:  
<https://www.dallasnews.com/news/commentary/2020/05/08/dallas-therapists-already-seeing-pandemic-of-a-mental-health-crisis-and-texas-is-dead-last-in-fighting-back/>
- 00:39:13 Kim Meyers: We have been doing FB live classes, parenting classes, marriage classes- that way they can get on "live" or go back and check in later. The comments are amazing and then others who want to be private can send me private services.
- 00:52:36 Karen Eaker: We have many members of the congregation with no wifi, or even computers. We are keeping touch by phone, but these members are missing worship and Sunday School. The bishop discouraged small meetings. Can you think of anything else we could do?
- 00:53:42 Ruth Swingle: Phone calls and cards to our seniors and especially those who live alone
- 00:55:57 Diane McAlister: We also have many members who do not have wifi access or a computer/dvd access. Also, they do not have smart phones either. We would love to have suggestions as to what we could do for them as well.
- 00:58:33 Andrew Fiser: Diane, would the phone conference type call work for your people?
- 01:00:49 Annelda Crawford: Have you tried conference calls that does not require smartphone. free conference.com or totally free conference.com. Both simple to use.
- 01:02:34 Andrew Fiser: I would commend to you a sermon series at FirstChurch Dallas that focuses on Ambiguous Loss and navigating this circumstance.  
<https://www.firstchurchedallas.org/worship/>
- 01:13:56 Cindy Kennedy: can we get a link to the you tube videos referred to by Dr. Schwall
- 01:16:20 Andrew Fiser: Also, Cindy, check out STARRY.org
- 01:17:25 Kim Meyers: <https://www.youtube.com/channel/UC2PfbwSJUKar4pIVFosvOHg>
- 01:21:15 Kim Meyers: I invite any of your churches to join our parenting under pressure class:  
<https://www.facebook.com/groups/liftparentingunderpressure/>
- 01:23:01 Andrew Fiser: If some of our churches don't have the capacity to generate their own classes or resources, partnering together with others is a great idea
- 01:25:47 Velda Turnley: Kimberly Pearson will be our guest presenter on this Saturday, May 16th at 10:00 a.m. during the St. Luke Community UMC Mental Health support group and Educational Zoom meeting. Kimberly will be discussing COVID 19 Grief.
- 01:32:42 Velda Turnley: Yes, we can send the Zoom link to you to distribute to the panel. We can also be reached at [mentalhealth@slcumc.org](mailto:mentalhealth@slcumc.org) or [vturnley@slcumc.org](mailto:vturnley@slcumc.org)
- 01:35:13 Dan Bruce: Suggestion. Resource for churches: Pathways to Promise in St. Louis.
- 01:35:47 Andy Lewis: [lewis@ntcumc.org](mailto:lewis@ntcumc.org) and [fiser@ntcumc.org](mailto:fiser@ntcumc.org)