

Ten Ways You Can Move Beyond Slogans

Slogans grab your heart. Actions grab your feet. Slogans have the ability to light the fire necessary to execute action. “Just Do It,” “Good trouble” and “Never leave home without it” are all slogans that immediately call you to attention and action. As we in this historical movement of “Black Lives Matter,” we are called to actively engage that truth. Here are 10 ways to let that slogan grip your heart and move your feet.

1. **Discipline yourself.** Consistently learn about race/racism, self-reflect on what you have learned, take action to dismantle the injustice you learned about and repeat until the day you die.
2. **“Be humble. Sit down.”** Read often, learn from, be led by, and listen to Black women.
3. **Gather your people.** On an ongoing basis, talk to your family, your friends, your colleagues, your boss, yourself, your church, your pastor and those in all of your spheres of influence about racism and its detrimental impact.
4. **Call people out** on their racist jokes, words, exclusion, bias, actions, etc. As much as possible coach them in the moment. If you cannot, write them a letter or ask for a moment of their time later.
5. **Link up** with people who can and will hold you accountable to the call of dismantling white supremacy and racism.
6. **Create an equitable hiring policy.** Look for guides to help you increase diversity and representative to be effective in your diverse mission field. Examples from [Forbes](#) or [NPR](#) are helpful.
7. **Research racial history of community or church.** Find books on your church’s history. Contact the local library and historical association to find histories of the community or county. Pay attention to times of Reconstruction, then 1973-1968, and evidence of local lynching’s. For a map of known lynchings go to [Lynching in America at the Equal Justice Initiative](#).
8. **Include UMC’s teachings on racism and anti-racism in communications and teaching.** Go to the [General Commission on Religion and Race](#) for easy-to-use information.
9. **Shop at black-owned-and-made businesses.** Choose to spend individual and church monies at Black businesses and products to support historically marginalized businesses.
10. **Financially support Black-led organizations.** Support Black-led community and organizing groups, so that you and your community can better benefit from their leadership and wisdom.

For more resources for your own journey to racial justice, explore these [Antiracist Resources](#). [Jurrita Williams Louie](#) and [Rev. Andrew Fiser](#) are available to assist you with ideas and questions you have.

