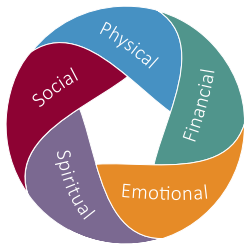


HealthFlex Wellness Points



January 1 – December 31
\$150 Cash Incentive

Dates extended
 due to COVID-19

	Action	HealthFlex Wellness Points Per Action	Frequency Allowed	Maximum Points
Do Anytime	Complete WebMD™ coaching call	25	6 times	150
	Select any goal in My Health Assistant on the HealthFlex/WebMD website	5	3 times	15
	Achieve any goal in My Health Assistant	15	3 times	45
	Activate your account with MDLIVE telemedicine provider	15	Once	15
	Submit a Success Story through the HealthFlex/WebMD website	20	Once	20
	Have your Success Story selected	20	Once	20
	View a Success Story	5	4 times	20
	Adopt a new spiritual practice for 1 month	15	Once	15
	Increase contribution to UMPIP by 1%	15	Once	15
	Complete the EY Financial Confidence Check-up	50	Once	50
	Register or log into Benefits Access	35	Once	35
	Update, change beneficiary or contact information in Benefits Access	25	Once	25
	Meet with an EY Financial Planner for at least 5 minutes	25	Once	25
	Register on EY Navigate	30	Once	30
Get Rewarded for Being Well	Health Measures Rewards Meet American Heart Association (AHA) guidelines on seven 2020 Blueprint for Wellness measures or improve on 2019 Blueprint for Wellness results	7 possible rewards for 20 points each	Once	140
	Omada Health participation	150	Once	150
	Diabetes Prevention Program participation	150	Once	150
	Completion of HealthQuotient (HQ) by September 30, 2020	35	Once	35
	Access the Employee Assistance Program (EAP) for emotional counseling	15	Once	15
	Access the EAP for Work/Life Services	15	Once	15
Total needed to earn \$150 PulseCash: 150 Wellness Points				