

*This is the litany used at the North Texas Conference of The United Methodist Church Covenant Day 2020. This can be used in conversations and services about racism, cultural diversity and institutional injustice.*

### **Fear+Less Dialogues Litany**

**All:**

What must we do to create “fear + less” spaces in our conference and community?

**Healers:**

We must see the value of each person.

We must learn to have difficult conversations and continue to love one another.

We need to talk less and listen more.

**Connectors:**

We must recognize the divine in each other.

We must admit when we are wrong, build trust, listen more, value authentic expressions of grace.

**Neighbors:**

We must spend time building relationships.

We must learn and practice one another’s languages and see the humanity of everyone, everywhere.

**Artists:**

We must celebrate the sacred worth and beauty of each person.

We must name our fears and engage in constructive conversation.

**Activists:**

We must be willing to be the problem;  
to create spaces for the marginalized languages, people and voices!  
We must model “Fear + Less” behavior.

**Educators:**

We must be willing to fail or be wrong.

We must create authentic spaces to learn new behaviors.

We must open our hearts to see that diversity is a gift!

We must change.

**All:**

Oh God, may we SEE, HEAR and commit to CHANGE. AMEN