

ENNEAGRAM CLASS

After students of the Enneagram identify their personality type, many want to know what to do about what they've learned. Because of the inevitable wounding we all experience in childhood, we lose our ability to balance the three centers of intelligence: thinking, feeling and doing. Learning to balance these three centers frees up enormous amounts of physical, emotional and spiritual energy.

Enneagram Stances are determined by naming the weakest of these centers and understanding the Stances begins a lifelong process that seeks to use each of the centers for its intended purpose. The three Stances are named according to our initial response to others. People in the Dependent Stance move toward others, those in the Withdrawing Stance move away and those in the Aggressive Stance move independently.

One stance is no better or worse than another. We simply tend to over-rely on one, continually falling back on it whether it's appropriate to the situation or not. The stance of our number often becomes our "go to" approach that we fall back on, often under pressure or in unfamiliar or uncomfortable situations. Join us as we take a deep dive together into how our number impacts our own identity and in turn our interpersonal relationships. This workshop is ideal for church staff's and teams to learn how to navigate challenges, empower one another, build trust and become high performing and successful.

Joey Schewee has been a student of the Enneagram for more than twenty years. As an Enneagram mentor, she completed an intensive three-year apprenticeship with Suzanne in 2006, and has taught in tandem with the Enneagram master for over a decade. Joey brings a unique perspective to the podium. As an Enneagram '8' who has been on the journey to self-discovery using the Enneagram since she was a teenager, Joey's application of Enneagram wisdom flows through dating and marriage, raising children, and managing employees and work relationships through careers that span the corporate and educational realms. Joey honors the tradition of teaching through story-telling and enjoys engaging all audiences seeking to learn from this ancient wisdom.

